

Our Journey to the PXL university in Hasselt

International University Week 2019

We would like to share our experiences from the International University Week in Hasselt. We, Iliriana, Maren, Michael, Sabrina, Jessica and Nicole went from the first April till the fifth April to Hasselt. The topic of the International University Week was 'Social Work in the context of well-being, leisure and tourism'.

We went there with our teacher Guido Kopp by the car of our university. On the way to Hasselt we had a lot of fun. In the evening we arrived at the hostel in Hasselt. After the check-in we went out to explore the city and to eat something. We had a very exciting day and we looked forward to the International University Week in Hasselt.



On Monday, the IUW started officially and we met a lot of students and lecturers from Norway, Denmark, Finland, Germany (Jena and Bremen), Netherlands, Austria and the Czech Republic. At the beginning, we were welcomed by the responsible person of the PXL-international team and the students' team of PXL who have prepared the IUW. Every country presented their university and their city by a little film made the days before. It was very funny and nice to see where the other students live and study. After the presentation we had some lunch at the canteen. In the afternoon, we got an

introduction into the topic of the week by a keynote speaker. In the evening we had a welcome party. Every group brought some snacks from its country and we had a lot of time to speak with the other students and lectures about different topics. Later, some students went to a bar in the city. We had a very long but interesting day in Hasselt.

The next day, the program started at the university. Every morning we got some tea, coffee and little snacks in our room. After a short greeting, we started with our workshops. On this day, we had three workshops, each of them 1,5 hours – a lot of time to learn something about social work in the different countries. The workshop titles were for example: "Discussing how to support children in vulnerable situations, participating in leisure time activities – in a systemic frame", "The right to lead a good life! Well-being, Social Work and the Role of Leisure and Tourism", "Going on a trip with your Dutch social worker"

In the evening, all students went to the bowling station to have a nice time together. After this some students went back to the hostel to played games, the other students went for a drink in a bar.

On Wednesday, social and cultural activities were on the programme. We had the choice between a Street life art tour and the Japanese Garden. We met each other at the checkpoint of the activities.



Later we went into the city for some lunch. The students of PXL had planned a guided city tour in the afternoon for all lectures and students. The end of the tour was in a bar. We had a nice time together with all of them and could talk about everything. The evening was free. We played some games or talked with other students at the hostel.

On Thursday, the structure of the day was the same as on Tuesday. We participated in three other workshops. After that every student got the certificate.



In the evening, we had a dinner with all students and lecturers in a restaurant. After that the farewell party started in a club in the city of Hasselt. We all had a wonderful evening and enjoyed every minute.

On Friday everybody had to say goodbye and started the journey back home.

We are very thankful to get the chance to visit the International University Week in Hasselt. We would like to thank the students from the PXL University of Applied Sciences in Hasselt. We had an unforgettable time in this nice city.